



Consent and Chaperoning Policy

This policy explains how an agreement is made between a patient and the practice physiotherapist about treatment. This agreement takes place before treatment commences.

- Patient permission to commence treatment is obtained in writing on the Registration Form before any treatment is given. The patient can request treatment to stop at any time during the assessment or a treatment procedure.
- The physiotherapist will always take great care to explain to the patient the procedures and techniques that will be used during their treatment. The physiotherapist will take extra care to ensure that the patient understands specific procedures such as acupuncture, manipulation and some examination techniques. The physiotherapist will encourage a culture of openness and welcome any discussion that results in informed consent.
- Patients are encouraged to take care of themselves where possible, but I will help if this is requested, for example with dressing and undressing.
- The physiotherapist understands that there may be occasions where a patient may wish to be accompanied by another individual. These may include;
 - When the patient requires help with language interpretation or hearing impairment.
 - When the patient requires specific help with dressing and undressing.
 - When the patient wants help to recall exercise and rehabilitation plans.
 - Where adults are accompanying a child who requires treatment.
 - When a patient requires some moral support.
 - When parents of young children, are unable to make childcare arrangements for their child for the time of their appointment.
- All patients are welcome to be accompanied or have a chaperone during an examination, treatment or procedure.
- It is policy that any child under the age of 16 must be accompanied by an appropriate adult (parent, guardian or carer). This is stated on the Patient Registration Form and on the practice web site.